## **SAMHSA's National Outcome Measure Domains**

- 1) Abstinence from drug use and alcohol abuse
  - a) Decreasing symptoms of mental illness and improved functioning
- 2) Resilience and sustaining recovery
  - a) Getting and keeping a job or enrolling and staying in school
- 3) Resilience and sustaining recovery
  - a) Decreased involvement with the criminal justice system
- 4) Resilience and sustaining recovery
  - a) Securing a safe, decent, and stable place to live
- 5) Resilience and sustaining recovery
  - Social connectedness to and support from others in the community such as family, friends, co-workers, and classmates
- 6) Increased access to services for both mental health and substance abuse
- 7) Retention in services for substance abuse or decreased inpatient hospitalizations for mental health treatment
- 8) Quality of services provided
  - a) Client perception of care
- 9) Quality of services provided
  - a) Cost-effectiveness
- 10) Quality of services provided
  - a) Use of evidence-based practices in treatment

Data for reporting on the NOMs identified for the ten domains will come primarily from the states. States will be supported in their efforts by SAMHSA with infrastructure and technical assistance through a new State Outcomes Measurement and Management System (SOMMS), an umbrella activity in SAMHSA to implement NOMs. Through this new system, SAMHSA in partnership with the states will:

Standardize operational definitions and outcome measures, and link records to support pre-/post-service comparisons; . Develop benchmarking strategies to determine acceptable levels of outcomes;
Produce routine management reports to direct SAMHSA's technical assistance and science-to-services program to implement interventions designed to result in improved outcomes; . Achieve full state reporting on all NOMs by the end of fiscal year (FY) 2007. In the interim, each year more states will report NOMs using standard definitions until all states are on board.

SAMHSA is using its State Data Infrastructure Grants program to develop and test the NOMS.

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	OUTCOME	MEASURES			
DOMAIN		Treatment		Prevention	
		Mental Health	Substance Abuse	Substance Abuse	
ABSTINENCE	Abstinence from drug/alcohol use	N/A	Reduction in/no change in frequency of use at date of last service vs date of first service	30-day substance use (non-use/reduction in use)  Perceived risk of use  Age at first use  Perception of disapproval	
	Decreased mental illness symptoms	Under development	N/A	N/A	
EMPLOYMENT / EDUCATION	Increased / retained employment or return to school	Profile of adults by employment status & of children by increased school attendance	Increase in/no change in # of employed or in school at date of last service vs first service	ATOD suspensions & expulsions; workplace AOD use & perception of workplace policy	
CRIME AND CRIMINAL JUSTICE	Decreased criminal justice involvement	Profile of client involvement in criminal & juvenile justice systems	Reduction in/no change in # of arrests in past 30 days from date of first service to date of last service	Drug-related crime; alcohol-related car crashes & injuries	
STABILITY IN HOUSING	Increased stability in housing	Profile of client's change in living situation (including homeless status)	Increase in/no change in # of clients in stable housing situation from date of first service to date of last service	N/A	
ACCESS / CAPACITY	Increased access to services (service capacity)	# of persons served by age, gender, race and ethnicity	Unduplicated count of persons served; penetration rate – #s served compared to those in need	# of persons served by age, gender, race & ethnicity	
RETENTION	Increased retention in treatment – sub abuse	N/A	Length of stay from date of first service to date of last service Unduplicated count of persons served	Total # of evidence-based programs & strategies	
RETENTION	Reduced utilization of psychiatric inpatient beds – mental health	Decreased rate of readmission to State psychiatric hospitals within 30 days and 180 days	N/A	N/A	
SOCIAL CONNECTEDNESS	Increased social supports / social connectedness	Under development	Under development	Under development	
PERCEPTION OF CARE	Client perception of care	Clients reporting positively about outcomes	Under development	N/A	
COST EFFECTIVENESS	Cost effectiveness	# of persons receiving evidence-based services / # of evidence-based	# of States providing sub abuse tx services w/in approved cost per person bands by the tx type	Increase services provided w/in cost bands w/in universal, selective, and indicated programs	
USE OF E.B.P.	Use of evidence- based practices	practices provided by the State	Under development	Total # of evidence-based programs and strategies	

<sup>&</sup>lt;sup>1/</sup> Required by 2003 OMB PART Review. (Note: Prevention measures pending stakeholder approval.)
<sup>2/</sup> For ATR, "Social Support of Recovery" is measured by client participation in voluntary recovery or self-help groups, as well as interaction with family and/or friends supportive of recovery.